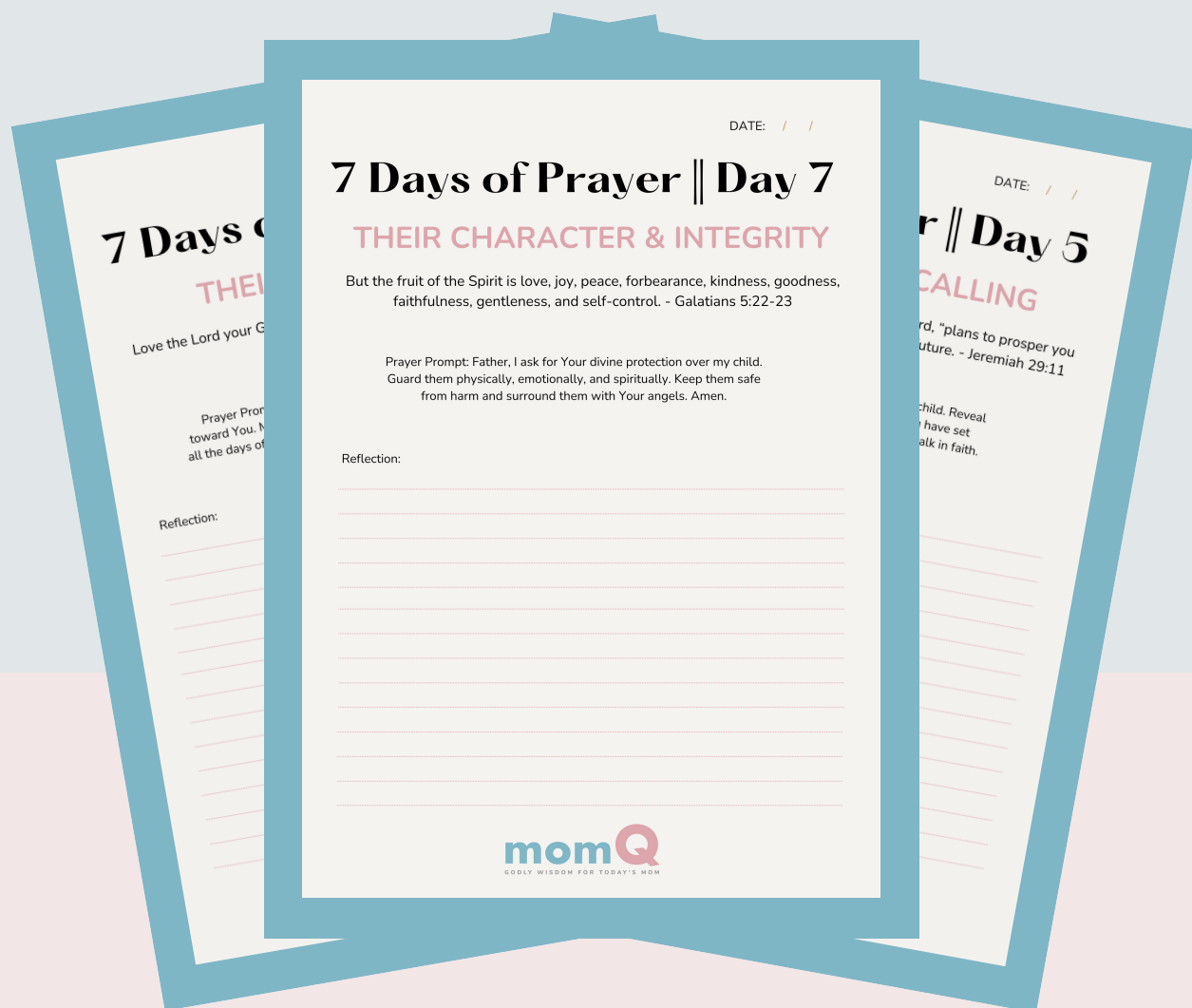




FREE DOWNLOAD

7 DAYS OF PRAYER

Each day, focus on a different aspect of your child or children's life, read the provided Bible verse, and use the prayer prompt to guide your conversation with God. Feel free to journal your thoughts and any reflections the Holy Spirit places on your heart. Let's commit this week to intentional prayer!

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7 Days of Prayer Journal for Your Children

FREE DOWNLOADABLE WORKBOOK

DATE: / /

7 Days of Prayer || Day 1

THEIR HEART FOR GOD

Love the Lord your God with all your heart and with all your soul and with all your strength. - Deuteronomy 6:5

Prayer Prompt: Lord, I pray that my child's heart would be soft toward You. May they grow in love for You and desire to follow You all the days of their life. Fill them with a passion for Your truth and an unshakable faith. Amen.

Reflection:

DATE: / /

7 Days of Prayer || Day 2

THEIR MIND & THOUGHTS

Do not conform to the pattern of this world but be transformed by the
renewing of your mind. - Romans 12:2

Prayer Prompt: Father, guard my child's mind and fill it with wisdom and truth. Help them to think on things that are pure, lovely, and praiseworthy. Protect them from negative influences and lies of the enemy. Amen.

Reflection:

DATE: / /

7 Days of Prayer || Day 3

THEIR FRIENDSHIPS & RELATIONSHIPS

Walk with the wise and become wise, for a companion of fools
suffers harm.- Proverbs 13:20

Prayer Prompt: Lord, surround my child with godly friends who will uplift and encourage them. Give them wisdom in choosing friendships and help them be a light to those around them. Keep them from relationships that would lead them away from You. Amen.

Reflection:

DATE: / /

7 Days of Prayer || Day 4

THEIR STRENGTH & COURAGE

Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go - Joshua 1:9

Prayer Prompt: Father, instill strength and courage in my child. May they be bold in their faith and unwavering in their convictions. Remind them that You are always with them, guiding and protecting them. Amen.

Reflection:

DATE: / /

7 Days of Prayer || Day 5

THEIR PURPOSE & CALLING

For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future. - Jeremiah 29:11

Prayer Prompt: Lord, You have a unique purpose for my child. Reveal Your plans for their life and guide them in the path You have set before them. Help them trust You with their future and walk in faith. Amen.

Reflection:

DATE: / /

7 Days of Prayer || Day 6

THEIR PROTECTION & SAFETY

For he will command his angels concerning you to guard you in all your ways.

- Psalm 91:11

Prayer Prompt: Father, I ask for Your divine protection over my child.

Guard them physically, emotionally, and spiritually. Keep them safe from harm and surround them with Your angels. Amen.

Reflection:

DATE: / /

7 Days of Prayer || Day 7

THEIR CHARACTER & INTEGRITY

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self-control. - Galatians 5:22-23

Prayer Prompt: Father, I ask for Your divine protection over my child. Guard them physically, emotionally, and spiritually. Keep them safe from harm and surround them with Your angels. Amen.

Reflection:



NEED MORE INSIGHT & SUPPORT?

CONNECT WITH COMMUNITY

Praying for our children is a lifelong journey. Trust that God hears every prayer, and He is at work in their lives in ways we may not always see. Keep praying, keep believing, and watch God move!

Want to become part of the MomQ community and learn how to connect your faith to your motherhood? Our resources empower you with bold truth and practical tips so that you can learn to build strong, godly families. Whether it's through our weekly gatherings, [podcast](#), or [blogs](#), we dive deep into tough topics like marriage, parenting and self-care and answer your questions from a biblical perspective. Don't see a chapter in your area. We would love to help you start one by [contacting us](#) today.

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