

Building Families of Character Week 3
momQ: How can I be courageous in my marriage?

- I. My role in marriage: I am the _____.
English translation: _____
- II. Biblical courage is choosing _____ over _____.
a. We are putting faith in _____.
b. God is _____.
- III. The problem is we are _____ and
our fallen nature wants to _____.
a. Courage begins with recognizing our _____.
- IV. Three practical steps to courageous marriage
- Step 1: Humility
- Pray _____.
- Step 2: Vulnerability
- Move _____ my husband instead of away.
- Step 3: Practice _____.

Small Group Questions:

1. What stuck out today from the lecture?
2. Who are the truth tellers in your life?
3. In your marriage do you fight, flee, or freeze when there is conflict? Give an example from the past 2 weeks.
4. What fears are keeping you from trusting God in your marriage? Where is God asking you to be courageous in your marriage?

Fill in the banks: *I am afraid of (____) . I can show courage in my marriage by (____).*

Resources

On the attributes of God

<https://www.thegospelcoalition.org/essay/omnipotence-omniscience-omnipresence-god/>

On the character of God

<https://www.gotquestions.org/character-of-God.html>

On the nature of God

<https://www.gotquestions.org/nature-of-God.html>

On praying the attributes of God for our family

Scroll to the bottom and look at the different prayer sheets. Print or download and pray!

<https://momsinprayer.org/group-leaders/>

On recovery

<https://www.celebraterecovery.com/>

PRAYER FOR SERENITY

God, grant me the serenity

to **accept** the things I cannot change,

the **courage** to change the things I can,

and the wisdom to know the difference.

Living one day at a time,

enjoying one moment at a time;

accepting hardship as a pathway to peace;

taking, as Jesus did,

this sinful world as it is,

not as I would have it;

trusting that You will make all things right

if I **surrender** to Your will;

so that I may be reasonably happy in this life

and supremely happy with You forever in the next.

Amen.

~Reinhold Niebuhr

(ANSWER PAGE) Building Families of Character Week 3

momQ: *How can I be courageous in my marriage?*

- I. My role in marriage: I am the 'ezer kenegdo.
English translation courageous corresponding companion.

- II. Biblical courage is choosing faith over fear.
 - c. We are putting faith in God's character, nature, and will/plan

 - b. God is omnipotent, omnipresent, omniscient

- III. The problem is we are deceived and our fallen nature wants to control everything.
 - b. Courage begins with recognizing our brokenness.

- IV. Three practical steps to courageous marriage
 - Step 1: Humility
 - Pray Lord, change me.

 - Step 2: Vulnerability
 - Move towards my husband instead of away.

 - Step 3: Practice forgiveness and acceptance