



Becoming a Confident Mom

Week 7: What do I do when I mess up?

Big Idea: When we mess up we should respond with _____
then _____ in a new direction.
There is no regret for that kind of sorrow.

2 Corinthians 7:8-10, "I am not sorry now if my letter made you sad. I know it made you sad, but it was only for awhile. I am happy now. It is not because you were hurt by my letter, but because it turned you from sin to God. God used it and you were not hurt by what we did. The sorrow that God uses makes people sorry for their sin and leads them to turn from sin so they can be saved from the punishment of sin. We should be happy for that kind of sorrow, but the sorrow of this world brings death."

- I. **Godly sorrow** is connected to both a regret for sin and a desire to turn away from it.
 - A. Leads to heart felt _____
 - B. Requires _____
 - C. Leads to _____

- II. **Worldly sorrow** focuses on the consequences of sin rather than the offense and dishonor to God.
 - A. Leads to _____
 - B. Leads to _____

Romans 8:1, "Therefore, there is now no condemnation for those who are in Christ Jesus"

- III. **What should I do?**
 - A. _____ to God and not _____.
 - B. Remember you are who _____ are and you are _____.
 - C. Confess to _____ and make _____ if appropriate.

1 John 1:9, "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

MomQ Challenge:

Come up with four questions of your own to ask God at the end of each day to help you self-examine your heart with the Lord.

Small Group Questions:

- 1) When God shows you you are wrong about something, how do you respond? What do you do?

- 2) How often do you go to someone and say, "I'm sorry. I see my actions hurt you. In my sin, I wronged you. I don't want to do it again. Will you forgive me?"

- 3) Do you find yourself struggling with shame and does it keep you from admitting your faults? What step do you need to take toward freedom from shame?

- 4) Is there a particular sin that you are struggling with that you can share with your group so that you all can encourage one another as you turn and walk in a new direction?