



## Building a Strong Family

### **Week 1: What Makes a Strong Family**

Candace Nassar, January 31st, 2024

#### **Matthew 7:24-27**–Semester Memory Verse

“Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. And everyone who hears these words of mine and does not do them will be like a foolish man who built his house on the sand. And the rain fell, and the floods came, and the winds blew and beat against that house, and it fell, and great was the fall of it.”

**Big Idea:** Strong families are founded on an \_\_\_\_\_ relationship with Jesus Christ.

#### An Authentic Christian

##### A. Knows Jesus

1. Believes and \_\_\_\_\_ Him
2. \_\_\_\_\_ themselves

##### B. Responds to Jesus in \_\_\_\_\_

1. \_\_\_\_\_ His Light

##### C. Trusts Jesus

1. His \_\_\_\_\_
2. His \_\_\_\_\_
3. His \_\_\_\_\_

### MomQ Challenge:

Do a foundation check for your family? Is the Lord building your house? Talk with your husband and pray about what your strong family core values should be. Think about crafting a family mission statement. We will do this at the end of the session.

### Small Group Questions:

1. What part of the message impacted you the most?
2. Where do you feel your family is doing a good job of building your foundation on Jesus? Where could you improve?
3. What are some obstacles to fully following Jesus? What can we do to overcome them?
4. Give an example of a difficult time when you felt God's peace?
5. Discuss the Lysa Terkeurst quote: "Tracing the faithfulness of God in the past is much more calming than trying to predict the future."